

# ACTIVITIES 2024-25

## Extension Lecture on E-Waste Management

CT College of Education in collaboration with PEHAL NGO organized extension lecture on E-Waste Management on July 31, 2024. The program aimed to create awareness among students about the growing challenges of electronic waste and the importance of responsible disposal and recycling practices. Mr. Bipin Suman was the resource person for the same. The resource person explained that the rapid advancement of technology and frequent upgrading of gadgets have significantly increased the volume of e-waste worldwide. The lecture highlighted the harmful effects of improper disposal, as electronic devices contain toxic substances like lead, mercury, and cadmium that can contaminate soil, water, and air, posing serious health risks. The program concluded with an interactive session where students clarified their doubts and expressed their willingness to participate in future awareness campaigns and e-waste collection drives. The lecture proved to be highly informative and successful in promoting environmental responsibility among students.



## College Campus Cleanliness Drive

NSS Cell of CT College of Education, North Campus, Maqsudan organized a Campus Cleanliness Drive on 5th August 2024 under the Swachh Bharat Abhiyan initiative. The main objective of the drive was to promote cleanliness, hygiene, and environmental awareness among students and staff members. Students actively participated in the drive with great enthusiasm and dedication. The event not only helped beautify the college campus but also instilled a sense of responsibility, discipline, and teamwork among the students. The Principal appreciated the efforts of all participants and encouraged them to continue contributing to cleanliness and sustainability in their daily lives.



## Go Green Tree Plantation Activity

CT College of Education, Maqsdan in collaboration with PAHAL NGO, Jalandhar, organized Tree Planation Drive on August 07, 2024. The main aim of the drive is to spread awareness about forest conservation and saving environment. 200 saplings were planted inside the CTCE campus. Dr. Manbir Singh, Managing Director, CT Group of Institutions, PEHAL NGO members, Management, Principal, faculty members and students participated in this drive. This initiative reflects our commitment to environmental conservation and responsible citizen.



## Poster Making and Slogan Writing on Anti Ragging Day

CT College of Education observed Anti-Ragging Day on 8 August, 2024 with great enthusiasm and awareness-building spirit. To mark the occasion, a Poster Making and Slogan Writing Activity was organized by the college to sensitize students about the harmful effects of ragging and to promote a culture of respect, empathy, and harmony within the campus. The activity encouraged students to spread awareness about maintaining a ragging-free and friendly environment in the college. The Principal appreciated the efforts of all participants and reminded everyone that CT College of Education is committed to ensuring a safe, inclusive, and positive campus atmosphere for all learners.



## Best out of Waste Activity

CT College of Education hosted a Paper Bags and Craft Activity on 10th August, 2024 as part of its ongoing efforts to raise environmental awareness and encourage sustainable practices. The event, which brought together both students and faculty, focused on creating eco-friendly paper bags and various crafts from recycled materials. In addition to the paper bags, many participants crafted unique decorative pieces, showcasing their creativity while promoting the use of sustainable materials. The event was not only a fun and engaging way to promote environmental responsibility but also reinforced the college's commitment to fostering a greener, more sustainable future.



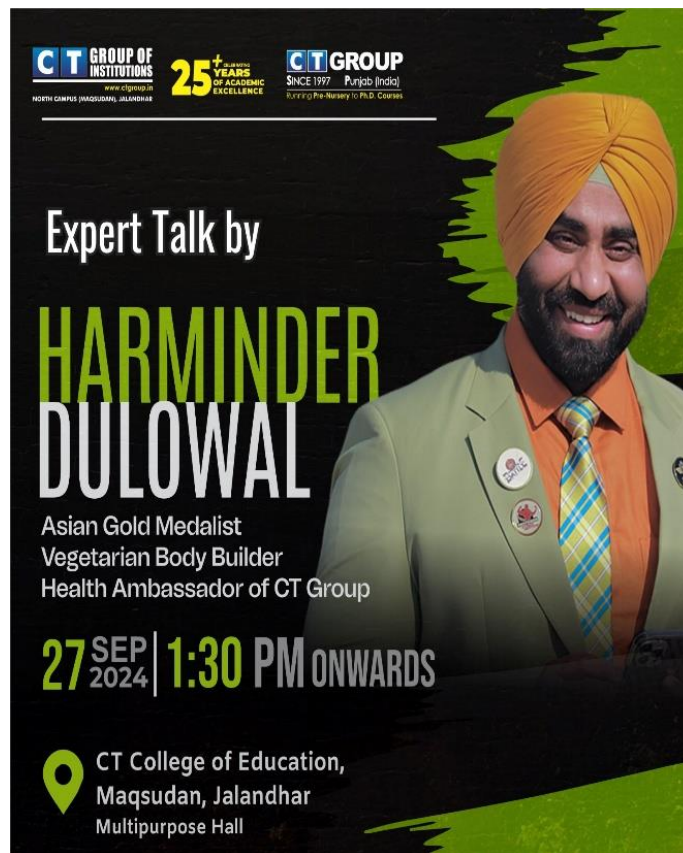
## INDUCTION PROGRAM 'AAGAZ 2024'

CT College of Education organized "AAGAZ 2025" on 18 September 2024 in the Multipurpose Hall to welcome the newly admitted B.Ed. students. The event aimed to familiarize the students with the college environment, academic structure, and various activities conducted throughout the session. The programme commenced with a warm welcome address by the Principal, who greeted the new students and introduced the faculty members and staff. She encouraged the students to pursue their teacher education journey with dedication and enthusiasm. The programme proved to be an enriching start for the students, helping them feel connected, motivated, and confident about their new academic journey.



## Expert Session on Health & Lifestyle

CT College of Education organized expert session on Health & Lifestyle on Sept. 27, 2026 to guide students on maintaining a balanced lifestyle amidst academic pressure and modern-day challenges. The session was conducted by Mr. Harminder Singh Dulowal, Asian Gold Medalist Vegetarian Body Builder & Health Ambassador of CT Group. The speaker emphasized the importance of consuming a nutritious and balanced diet that includes proteins, carbohydrates, healthy fats, vitamins, and minerals. Students were advised to reduce junk food intake and increase the consumption of fruits and vegetables. Simple activities like walking, yoga, and stretching were recommended. The speaker discussed stress management techniques such as meditation, deep breathing exercises, and maintaining a positive mindset. The session concluded with an interactive question and answer round where students actively participated and clarified their doubts regarding diet plans, fitness routines, and managing academic stress.



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Expert Talk by

**HARMINDER DULOWAL**

Asian Gold Medalist  
Vegetarian Body Builder  
Health Ambassador of CT Group

**27 SEP 2024 | 1:30 PM ONWARDS**

**CT College of Education,  
Maqsudan, Jalandhar  
Multipurpose Hall**

## ALUMNI EXCELLENCE AWARDS

CT College of Education, part of the prestigious CT Group of Institutions North Campus, Maqsdan, proudly organized the Alumni Excellence Award on September 29, 2024, celebrating the remarkable achievements of over 200 alumni from its B.Ed. and M.Ed. programs. The event honored alumni who are currently serving as principals, assistant professors, teachers in government and private sector and even owners of educational institutions, recognizing their contributions to the education sector. The award ceremony was graced by esteemed dignitaries, including Sr. Charanjit Singh Channi, Chancellor of CT University, Dr. Nitin Tondon, Vice Chancellor of CT University and Executive Director of CTGI and Dr. Anju Sharma, Principal of CT College of Education. In an inspiring and interactive session, Sr. Charanjit Singh Channi motivated the alumni with insightful words of encouragement, urging them to continue their significant work in shaping the future of education. His address was followed by the presentation of awards to alumni, acknowledging their success and dedication in the field of education. Eco Club of CT College of Education distributed saplings among the alumni as a gesture to encourage a greener environment and to reconnect with their roots at the institution. The event concluded with a lunch, allowing the alumni to reconnect and network with their peers and mentors. The Alumni Excellence Award stands as a testament to CT Group of Institutions' ongoing commitment to nurturing and celebrating educational leaders who are making a difference in their communities.



## CLEANLINESS DRIVE ON THEME “YEH DIWALI MY BHARAT WALI”

The NSS Cell of CT College of Education organized a Cleanliness Drive on the theme “Yeh Diwali My Bharat Wali” on October 27, 2024 with the objective of promoting hygiene, social responsibility, and civic awareness during the festive season. The drive witnessed enthusiastic participation from NSS volunteers who actively engaged in multiple community service activities. As part of the initiative, the volunteers visited a local hospital where they interacted with patients, distributed sweets and essentials, and spread awareness about maintaining cleanliness for better health. They also conducted a street cleanliness campaign in nearby areas, collecting waste, encouraging shopkeepers and residents to avoid littering, and promoting the use of eco-friendly materials during Diwali. In collaboration with the traffic police, the volunteers assisted in guiding the public about traffic rules and safety measures to ensure smooth and accident-free celebrations. They educated commuters about the importance of following traffic regulations, wearing helmets, and avoiding drunk driving. The drive successfully conveyed the message of celebrating a responsible, clean, and safe Diwali, truly reflecting the spirit of “Yeh Diwali My Bharat Wali.”



## NATIONAL MATHEMATICS DAY

CT College of Education celebrated National Mathematics Day on December 21, 2024 with great enthusiasm to honor the birth anniversary of the great mathematician Srinivasa Ramanujan and to promote interest in mathematics among students. The programme began with a brief introduction highlighting Ramanujan's remarkable contributions to the field of mathematics and the importance of logical thinking in everyday life. As part of the celebration, students actively participated in a mathematics model preparation activity, where they creatively presented concepts such as geometric shapes, probability, algebraic formulas, and real-life applications of mathematics through innovative models. The event also featured engaging mathematics fun games, quizzes, and puzzles that encouraged critical thinking and teamwork. Students enthusiastically took part in these activities, making the learning process enjoyable and interactive. The celebration successfully created awareness about the beauty and significance of mathematics while fostering curiosity and analytical skills among students.



## Expert Lecture on Principles of Teaching and Qualities of Good Student During Internship

An Expert Lecture on “Principles of Teaching and Qualities of a Good Student” was organized by CT College of Education on 21-01-2025. The session aimed to enrich the knowledge and professional skills of the interns and to help them understand the essential attributes of effective teaching and learning. The lecture was delivered by Dr. Kebuya Nathaniel, Managing Director, HIPTEX University Institute Yaounde, Cameroon. The expert highlighted the fundamental principles of teaching, emphasizing the importance of planning, learner-centered approaches, effective communication, and evaluation in the teaching-learning process. The lecture also focused on the qualities of a good student, such as discipline, curiosity, punctuality, and a positive attitude toward learning. The session was highly interactive, with students actively participated in the discussion and shared their views.



## WORKSHOP ON MASTERING THE ART OF PROFESSIONAL NETWORK AND PERSONAL BRANDING

Placement Cell of CT College of Education organized Workshop on Mastering the Art of Professional Network and Personal Branding on 23-01-2025. The workshop aimed to equip participants with essential skills to build meaningful professional connections and establish a strong personal brand in today's competitive environment. The resource person for the workshop was Mr. Rishab Sharma, Deputy Director, HRDC, CT University, Ludhiana. He explained leveraging LinkedIn and other professional platforms, crafting an impactful personal narrative, elevator pitching, relationship-building etiquette, and maintaining a professional digital presence. The facilitator engaged participants through practical exercises, group discussions, and role-play activities, helping them understand how to project authenticity, confidence, and value in professional interactions.



## REPUBLIC DAY CELEBRATION

Co-Curricular Committee of CT College of Education, Jalandhar celebrated Republic Day with great éclat on Jan. 25, 2024 at college premises. The event commenced with the unfurling of the national flag by Dr. Anju Sharma, Principal CT College of Education followed by the singing of the National Anthem. The main attraction of Republic Day celebrations is singing a patriotic song, speech on freedom fighters, and dance on republic day theme by students. Some students were some very inspiring national songs sung in chorus. Patriotic dances were performed by students. The program ended with the message to create a great nation through collective efforts from all individual.



## Drug Abuse and HIV/AIDS Awareness Campaign at Two Adopted Villages

As part of its community outreach program, NSS Cell of CT College of Education organized a Drug Abuse and HIV/AIDS Awareness Campaign at its two adopted villages Nijjaran Village, Jalandhar and Lallian Kalan Village, Jalandhar on 29-01-2025. The campaign aimed to educate the villagers about the harmful effects of drug addiction and the preventive measures against HIV/AIDS. NSS volunteers participated actively in the initiative. Interactive sessions with villagers was conducted by volunteers. Volunteers also discussed the psychological and social impacts of drug abuse and encouraged youth to adopt healthy lifestyles.



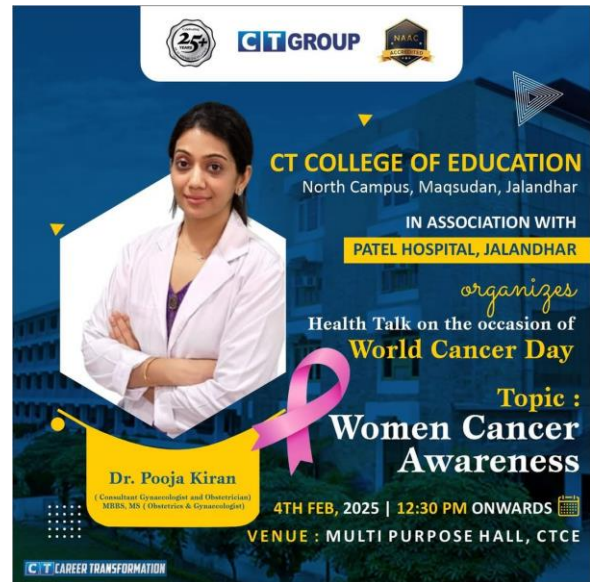
## BASANT CELEBRATION

CCA committee of CT College of Education, Jalandhar celebrated Basant Panchmi on Jan. 31, 2025 with full vivacity. Campus was decorated with kites. Program started by seeking blessings of Goddess Saraswati. Taniya Bali, student of M.Ed. 2nd semester recited poem on the importance of Basant Panchami and the historical background of this festival. Students presented poem recitation, singing, skit. Student participated made the event luminous and scintillating with their Bhangra and vibrant performances. Dr. Geetika, HOD congratulated everyone for the successful celebration of Basant and wished the future teachers to have bright future. Kite flying competition was organized and student participated with full enthusiasm. Students enjoyed a lot.



## HEALTH TALK ON WOMEN CANCER AWARENESS

A Health Talk on Women Cancer Awareness was organized by CT College of Education on Feb. 04, 2025 as part of its ongoing health education initiatives. The session aimed at educating students and faculty about the importance of early detection and prevention of cancers affecting women. The resource person for the same was Dr. Pooja Kiran, who highlighted common types of cancers such as breast, cervical, and ovarian cancer, their risk factors, and the significance of regular screenings and self-examinations. The talk included interactive discussions, informative presentations, and practical tips on maintaining a healthy lifestyle to reduce cancer risk. The attendees actively participated by asking questions and sharing experiences, making the session engaging and informative.



## INTERNATIONAL MOTHER LANGUAGE DAY

Literary Club of CT College of Education celebrated International Mother Language Day on February 23, 2025, with great enthusiasm and cultural pride. The event aimed to promote linguistic and cultural diversity, encourage the preservation of mother tongues, and foster respect for all languages spoken across the world. A variety of cultural performances were presented by students, including songs, poems in different regional and local languages, showcasing India's rich linguistic heritage. Poster making competition was also organized on this day and students enthusiastically participated in this.



## WORKSHOP ON BEST OUT OF WASTE

A Workshop on “Best Out of Waste” was organized by Fine art club of CT College of Education on Feb. 25, 2025 to promote creativity, environmental awareness, and the concept of recycling among students. Resource person of the event was Ms. Navdeep Kaur, Fevicryl Certified Expert. She guided the participants on innovative techniques to make eco-friendly crafts and emphasized the significance of minimizing waste generation. Participants enthusiastically took part in hands-on activities where they crafted beautiful items such as flower pots, pen stands, wall hangings, and models using old newspapers, plastic bottles, cardboard, and other recyclable materials. The workshop not only showcased students’ creativity but also instilled a sense of responsibility toward environmental conservation.



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**CT COLLEGE OF EDUCATION**  
North Campus, Maqsudan  
Organizes  
Workshop on  
**BEST OUT OF WASTE**  
by  
**Ms. Navdeep Kaur | Fevicryl Certified Expert**  
In Collaboration With  
**Pidilite**

Date: 25 Feb, 2025  
Timing: 11:00 AM onwards  
Venue: Art Room, CTCE

**CT CAREER TRANSFORMATION**



## WORKSHOP ON RESUME WRITING

A Workshop on Resume Writing was conducted by Placement Cell of CT College of Education on Feb. 25, 2025 to equip students with the skills required to create professional and effective resumes. The session was led by Mr. Rishab Sharma, Deputy Director, HRDC, CT University who guided participants on the key components of a resume, including layout, formatting, and the importance of tailoring resumes for different roles. Students were also briefed on common mistakes to avoid and the significance of highlighting relevant skills, experiences, and achievements. Interactive discussions and practical exercises helped participants draft and refine their resumes during the session. The session was highly informative and beneficial, leaving students more confident and well-prepared to enter the professional world.



## INTERNATIONAL WOMEN'S DAY CELEBRATION

CT College of Education celebrated International Women's Day on March 08, 2025. Day started with Yoga Session. Ms. Sarita Malhotra, Yoga Instructor was the resource person for the yoga session. The session focused on physical fitness, mental relaxation, and stress management, emphasizing the importance of health and self-care for women. Students and staff actively performed yoga postures and breathing exercises that encouraged balance and mindfulness. After the yoga session, a formal program was held in the multi-purpose hall. Students presented cultural performances, speeches and poems celebrating womanhood and gender equality. The celebration left everyone inspired to work toward building a society where women and men share equal dignity and opportunity.



## M.Ed. SYNOPSIS PRESENTATION

Research and Innovation Cell of CT College of Education organized the M.Ed. Synopsis Presentation on March 18, 2025. The event marked an important academic milestone for postgraduate students pursuing the Master of Education (M.Ed.) program. All M.Ed. students presented their research synopses before a panel of experts. The presentation aimed to evaluate the feasibility, relevance, and research design of the proposed studies, ensuring high academic standards and research quality. Faculty members, research scholars, and students actively participated in the session and shared constructive feedback.



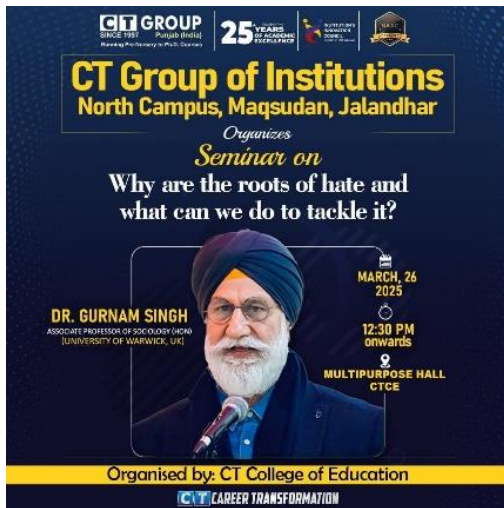
## MARTYR'S DAY (TURBAN TYING & POSTER MAKING COMPETITION)

CT College of Education observed Martyr's Day on March 21, 2025 with deep reverence and patriotic fervor. To pay tribute to the brave martyrs who sacrificed their lives for the nation, the institution organized a Turban Tying Competition and a Poster Making Competition. In the Turban Tying Competition, participants displayed their artistry and respect for the traditional symbol of valor and honor. The colorful turbans represented unity in diversity and paid homage to the spirit of the martyrs. The Poster Making Competition witnessed students expressing their patriotic sentiments through vibrant artwork and thoughtful messages that conveyed themes of courage, sacrifice, and love for the motherland.



## SEMINAR ON WHY ARE THE ROOTS OF HATE AND WHAT CAN WE DO TO TACKLE IT ?

CT College of education organized a thought-provoking seminar on the theme “Why Are the Roots of Hate and What Can We Do to Tackle It?” on March 26, 2025. The event aimed to explore the underlying causes of hatred in society and to discuss practical ways to promote peace, empathy, and understanding among individuals. Dr. Gurnam Singh, Associate Professor of Sociology (HON), University of Warwick, UK was the resource person for the same. He delivered an insightful presentation on how prejudice, fear, and misinformation contribute to hate, and emphasized the role of education and dialogue in overcoming such challenges. Participants, including students, faculty members engaged in meaningful discussions on themes such as tolerance, inclusion, emotional intelligence, and the power of communication in building harmonious communities.



## SEMINAR ON DRUG DE-ADDICTION

NSS Cell of CT Group of Institutions, North Campus, Maqsdan in collaboration with the Punjab Government's campaign 'War Against Drugs – Yudh Nasheyan De Virudh,' organised a seminar on Drug De-addiction with the Police Commissionerate Jalandhar, District Administration Jalandhar, and Dishadeep NGO on March 31, 2025. The main objective of the seminar was to provide insight to the students about the seriousness of drug addiction. Keynote Speakers, including Mr. Rishabh Bhola, Assistant Superintendent of Police (IPS Officer), Dr. Benu, Psychologist from Drug De-addiction Centre, Civil Hospital and Lion SM Singh from Dishadeep NGO, shared insights on drug de-addiction awareness, drug addiction consequences, rehabilitation, treatment and legal aspects.



## PARENT TEACHER MEETING

On April 11, 2025, CT College of Education, Maqsudan, hosted a Parent-Teacher Meeting (PTM) to foster communication between parents and teachers, provide updates on students' progress, and discuss ways to enhance the educational experience. The meeting was attended by a significant number of parents, teachers, and administrative staff, reflecting the strong commitment of the college community to the students' holistic development. The PTM began with a welcome address by the Principal, who emphasized the importance of parent-teacher collaboration in achieving educational success. This was followed by a presentation on the academic performance of students, highlighting key achievements and areas where additional efforts were needed. It was a successful event that achieved its objectives and fostered a stronger partnership between parents and teachers. The collaborative efforts discussed during the meeting are expected to positively impact students' academic and social development in the coming months.



## WORLD ENVIRONMENT DAY

Eco club of CT College of Education, Jalandhar organized Tree Plantation Drive to observed World Environment Day on June 05, 2025. To mark the occasion, the college organized a tree plantation drive on the campus under the theme “Land Restoration, Desertification, and Drought Resilience.” Principal along with faculty members and students actively participated in the drive, showing great enthusiasm and commitment toward creating a cleaner and greener environment. A variety of saplings, including neem, mango, and gulmohar, were planted in and around the campus to promote greenery and raise awareness about the importance of trees in maintaining ecological balance.



## DEMONSTRATION MODEL LESSON ACTIVITY

On 26th June 2025, CT College of Education organized a Demonstration Model Lesson Activity for students, where faculty members showcased their subject mastery by delivering well-structured lesson plans. The event aimed to provide students with a practical learning experience and help them understand the intricacies of effective lesson delivery. Teachers presented model lessons in their respective subjects, demonstrating best practices in lesson planning, content delivery, classroom management, and student engagement. Faculty members used a variety of teaching aids, including multimedia presentations, charts, and hands-on activities, to enhance the learning experience for students.



## ONLINE WORKSHOP ON MICRO TEACHING SKILLS

An online workshop on Micro Teaching Skills was held on 6th August, 2025 at CT College of Education. Dr. Sarabjeet, Assistant Professor, Sai College of Education, Sardulapur, Hoshiarpur was the resource person. The session focused on refining key teaching techniques essential for effective classroom delivery. Dr. Sarabjeet discussed six core skills: introducing lessons, questioning, stimulus variation, explanation, blackboard reinforcement, and demonstration. This session provided valuable tools for enhancing teaching skills, fostering a more engaging and interactive classroom environment.



## ONLINE WORKSHOP ON MICRO TEACHING SKILLS

On August 5, 2025, an insightful online workshop on Micro Teaching Skills was conducted at CT College of Education. Ms. Kanika, Assistant Professor, Sai College of Education, Sardulapur, Hoshiarpur was the resource person. During the workshop, Ms. Kanika introduced the concept of micro-teaching, explaining its importance as a technique for enhancing teaching skills in a controlled, focused environment. She also demonstrated the various "micro-skills" involved in effective teaching, such as questioning techniques, using body language to communicate etc. She discussed how these micro-skills can be practiced separately, enabling teachers to hone specific aspects of their teaching before applying them in a real classroom setting.



## Pot Painting and Bottle Making Activity

CT College of Education organized a Pot Painting and Bottle Making Activity on 29th July 2025 aimed at promoting waste management awareness and enhancing creativity among students. The event encouraged participants to recycle everyday waste materials into beautiful, functional art pieces. The event fostered not only creativity but also a deeper understanding of the value of recycling and waste reduction. Participants left with a sense of accomplishment, proud of their innovative creations, inspired to incorporate sustainability into their daily lives.



## PAPER BAGS AND CRAFT ACTIVITY

CT College of Education hosted a Paper Bags and Craft Activity on 30th July 2025 as part of its ongoing efforts to raise environmental awareness and encourage sustainable practices. The event, which brought together both students and faculty, focused on creating eco-friendly paper bags and various crafts from recycled materials. In addition to the paper bags, many participants crafted unique decorative pieces, showcasing their creativity while promoting the use of sustainable materials. The event was not only a fun and engaging way to promote environmental responsibility but also reinforced the college's commitment to fostering a greener, more sustainable future.



## GO GREEN TREE PLANTATION ACTIVITY

NSS Cell of CT College of Education organized Go Green Tree Plantation Drive on 31st July 2025 in its campus with the active participation of both faculty and students. The event aimed to promote environmental sustainability and raise awareness about the importance of trees in combating climate change. A total of 150 saplings were planted, including species such as Neem, Peepal, Mango and Guava, chosen for their ecological benefits. This initiative is part of the college's commitment to fostering a greener environment and encouraging sustainable practices among students and staff.

